



WELTERBE REGENSBURG

UNESCO-WELTERBE | WORLD HERITAGE

EXCURSION TIPS AROUND REGENSBURG



www.regensburg.de/tourismus



Regensburg cityscape

DISCOVER REGENSBURG'S SURROUNDS

So what is an excursion? Derived from the Latin *excursio* (a „setting out“), it today denotes a short trip or hike. And because you're already in travel mode, we've put together a couple of varied, surprising, and inspiring ideas for you. In short: ideas worth an excursion.

You'll be amazed how diverse the region around Regensburg is. How did Johann Wolfgang von Goethe describe the city at the northernmost point of the Danube in his famous *Italian Journey*? „Regensburg is situated delightfully. The area had to attract a city.“ And to this day, Regensburg continues to be surrounded on all sides by exciting excursion destinations. The magnificent Bavarian Forest starts right on the city's doorstep. And just beyond the Walhalla near Wörth an der Donau, the „Vorwald“ (pioneer forest) climbs the slopes hill by hill. Westwards up the river is a series of sights, including abbeys, castles, and caves.

Kallmünz, Ramspau, Felsenkeller, Max-Schultze-Steig... These and many other destinations are guaranteed to get your daytripper pulse racing. Try it out for yourself.

And have fun!

For each of the tips, we have shown the traveling time (one-way) from Regensburg city center, though these times may vary.



Walhalla



Kallmünz



Ramspau castle



On foot



By bike



By car



By public transport



By train

THE BAVARIAN FOREST REGION



1 Bodenmais

The popular resort town sits at an altitude of 2300 ft., surrounded by enchanting high forests on the southern slopes of the Grosser Arber. Bodenmais is a year-round haven for sport, culture, and pure recreation.

 1.30 hrs
 2 hrs



2 Baierwein museum in Bach an der Donau

The museum is housed in an historic "Biethaus" (wine-pressing building) and provides informative visual exhibits on the tradition of wine-growing along the Danube. The associated wine-heritage trail is open 24/7.

 3.20 hrs
 1.00 hr
 30 min
 40 min



3 City of Wörth an der Donau with its castle

Perched up high and flanked by the green foothills of the Bavarian Forest, the grand castle towers over the small town. Its baroque "Rondellzimmer" is particularly worth seeing (on a separate tour).

 5.15 hrs
 1.30 hrs
 25 min
 50 min



4 Aero club Bayerwald, Wörth an der Donau

Enjoy stunning views of the Bavarian Forest on a hot-air balloon ride or paragliding session at the nearby Flugzentrum Bayerwald.

 5.15 hrs
 30 min
 58 min



5 Nepal Himalaya Park in Wiesent

The Nepal Himalaya Pavilion, which featured at Expo 2000, sits in a 22-acre display garden. The park is a gem of Far-Eastern culture on the outskirts of Regensburg.

 4.45 hrs
 30 min
 1.15 hrs



6 Walhalla

The famous German pantheon is situated right on the banks of the Danube. The classicist temple was built by King Ludwig I in the 19th century.

 2.50 hrs
 50 min
 20 min
 40 min



7 Donaustauf castle ruins

The mighty bishop's castle was once the most important fortification in Bavaria, as still clearly evidenced today by its walls, which are up to 20-ft. thick.

 2.15 hrs
 45 min
 20 min
 50 min



8 Höllbach Valley

The Höllbach winds its way scenically between imposing boulders in the "Hölle" nature reserve, accompanied by a signposted hiking trail.

 40 min
 1.5–2 hrs



Note: For faster scanning please cover the surrounding QR codes if necessary.

9 Falkenstein Castle

This picturesque fort east of Regensburg is one of the best-preserved forts in the Upper Palatinate region. First officially mentioned in the 11th century, it has witnessed landgraves, dukes, and bishops, as well as the conquest by the Swedes during the Thirty Years' War.

7.40 hrs
2.40 hrs
40 min
1.25 hrs



10 Arber

The king of the Bavarian Forest majestically soars to a height of 4777 ft. above sea level. Scaling its peak is like entering a different world.

1.40 hrs
3-4 hrs



11 Bavarian Forest National Park

The Falkenstein National Park Center boasts a "Wilderness House, which features an exhibition, cinema, children's interactive space, night room, root trail, and dining facilities. In the outdoor animal enclosure, meanwhile, you can discover lynxes, wolves, Heck cattle, and wild horses. And the Stone-Age cave brings to life the changes in climate, landscape, and fauna from the Stone Age to the present day.

1.30 hrs
1.5-2 hrs



12 Tegernheim gorge

This is a place where three geological heavyweights from different ages visibly collide. A geo trail provides young and old with fascinating insights into the earth's history.

1.50 hrs
15 min
36 min



13 Brennberg castle ruins

Rising up over the town of Brennberg are castle ruins dating back to the 11th century. Experience the magical view of the rolling Bavarian Forest hills from the lookout.

5.45 hrs
30 min
1.15 hrs



TOP TIP

14 St. Englmar – forest treetop trail with the „Haus am Kopf“ upside-down house

The forest treetop trail in Sankt Englmar shows you the magical world of the forest from a completely different perspective. There's lots to discover, whether it be at the new 171-ft. forest tower with slides and climbing elements, at the "Haus am Kopf" upside-down house, or on the interactive nature path with its many stops along the way.

54 min



IN THE ALTMÜHL VALLEY AND JURA

1 Schulerloch dripstone cave

Visitors to the Schulerloch dripstone cave will discover unique information about dripstones, as well as a fascinating projection on the cave wall.

 3.00 hrs

 30 min

 1.00 hr



2 Riedenburg with the Crystal Museum

Riedenburg, the city of three castles, in the Altmühl Valley is the perfect day trip for the whole family. Tip: The Crystal Museum with the world's largest cluster of rock crystal.

 3.30 hrs

 40 min

 1.15 hrs



3 Weltenburg Abbey with cruise through the Danube Gorge

Situated idyllically by the Danube Gorge, right in the heart of Bavaria's first National Natural Monument, the "Weltenburger Enge", is Bavaria's oldest abbey with the world's oldest abbey brewery and the baroque Asam Church. A day trip to the abbey and a cruise on the Danube make a perfect combination.

 3.15 hrs

 40 min

 1.30 hrs



4 The Liberation Hall in Kelheim

Built by King Ludwig I, the Liberation Hall in Kelheim is a monumental memorial to the Wars of Liberation against Napoleon on top St. Michael's Hill, overlooking Kelheim.

 3.00 hrs

 30 min

 1.15 hrs



5 Räuberhöhle ("Robbers' Cave")

The openly accessible cave lies hidden in the forest between Etterzhausen and Penk. A staircase leads inside the large cavern, whose great view of the Naab Valley made it ideal for robbers.

 2.50 hrs

 20 min

 48 min



6 Essing with Randeck castle ruins

The picturesque town of Essing sits nestled among one of the most beautiful massifs in the Altmühl Valley. The highlights here include the "Tatzlwurm," one of the longest wooden bridges in Europe, and the Randeck castle ruins high above the town.

 3.00 hrs

 35 min

 1.00 hr



7 Abusina Roman fort

Open to the public all year round, the Abusina military fort near Eining is part of the Limes UNESCO World Heritage Site, and marks the frontier between the Upper Germanic-Rhaetian *Limes* and the Danube *Limes*.

 3.00 hrs

 45 min

 1.30 hrs



8 King Otto dripstone cave

Let your imagination run wild in one of Germany's finest dripstone caves. Everyone will see different figures and formations in the stalactites and stalagmites.

 40 min

 1.50 hrs



9 Prunn Castle

Pruun Castle is one of the best-preserved castles in Bavaria, and sits perched on top of a vertical rock wall, overlooking the Altmühl Valley like a picture-perfect knight's castle. It was here that the "Prunner Codex", the fourth oldest complete manuscript of the "Nibelungenlied" Middle High German epic poem, was found.

 3.30 hrs

 40 min

 1.15 hrs



10 Falkenhof Castle in Rosenburg

Observe proud birds of prey right up close during breathtaking air shows at Falkenhof Castle in Rosenburg.

 3.30 hrs

 40 min

 1.15 hrs



11 Climbing forest Sinzing & Schönwerth fairy-tale path

Climbing fun, adventure, and nature experiences for the whole family! The "Kletterwald" ropes course with adjacent "Märchenpfad" is situated picturesquely in a beech forest.

 30 min

 15 min

 20 min



12 Golf Sinzing

The Minoritenhof golf & yacht club enjoys a stunning location on the Danube, and boasts a 9 and 18-hole course.

 20 min

 46 min



13 Mariaort pilgrimage church

With its baroque pilgrimage church, Mariaort has a romantic location right at the point where the Naab opens out into the Danube. Legend has it that the miraculous image of the Virgin Mary was carried there on a juniper branch from the Black Sea.

 1.30 hrs

 30 min

 20 min

 44 min



TOP
TIP

14 Neumarkt with the Museum of Historical Maybach Vehicles

The private Maybach Museum in Neumarkt is a must-visit for fans of vintage cars—presented exquisitely at an award-winning facility designed by Berschneider und Berschneider in Neumarkt.

 6.50 hrs

 50 min

 50 min



SOUTH OF THE DANUBE

Note: please cover surrounding QR codes if necessary

1 Straubing and its zoo

Be enchanted by the character of this old ducal city on the Danube, immerse yourself in the relaxed Bavarian life philosophy, and search for traces of Straubing's centuries-old history. You can either explore the many attractions yourself using our info material, or have a charming, skilled guide show you the city on one of the numerous tours.

 2.30 hrs
 40 min
 30 min



2 Abensberg with Kuchlbauer's Beer World

Abensberg is a fusion of history and modernity: A stroll around the grand burgher houses of the old town and a visit to Kuchlbauer's Beer World with the Kuchlbauer Tower designed by Friedensreich Hundertwasser make for an interesting and varied day out.

 3.00 hrs
 40 min
 30 min



3 Bad Abbach with the Emperor's thermal bath & caravan park

Bad Abbach is an excursion into lush nature: Start with a walk through the spa gardens, with the animal enclosures and mini-golf course, before taking a relaxing time-out at the Kaiser-Therme thermal baths overlooking the Burgberg with the Heinrich Tower. Or how about a camping vacation at the thermal baths' and Freizeitsinsel camping grounds? The indoor "Ghupft wie gsprunga" playground is the perfect way for families with kids to spend a rainy day.

 2.30 hrs
 1.30 hrs
 20 min
 30 min



TOP TIP

4 Limes-thermal bath Bad Gögging

Wellness has long been a tradition in Bad Gögging, because this resort town, which is home to the Limes and Danube Limes UNESCO World Heritage Sites, contains the remains of the largest Roman city baths north of the Alps. Today, the Limes-Therme amps up the Roman vibe with a Roman sauna, recreational pool, and the Terra Vitalis wellness facility.

 3.30 hrs
 45 min
 1-1.5 hrs
 1-1.5 hrs



THE UPPER PALATINATE REGION



Note: please cover surrounding QR codes if necessary

1 Outdoor museum Oberpfalz

At the Freilandmuseum (Outdoor museum) Oberpfalz, humans, nature, and culture are all in harmony. Experience the historic everyday lives of Upper Palatinate locals in more than 50 original buildings across the over-74-acre area.

 42 min

 45 min



2 Wolfsegg Castle with Castle Museum

The medieval castle complex has been completely preserved, and today houses a meticulously designed castle museum. Fascinating for all ages! Closed in winter.

 3.15 hrs

 25 min

 48 min



3 The artists' town of Kallmünz

This picturesque town is situated at the point where the Vils and Naab Rivers meet. Towered over by sprawling castle ruins perched high above the narrow medieval laneways, the "Markt unterm Felsen" ("market under the cliff") has enchanted many famous artists.

 4.30 hrs

 1.30 hrs

 30 min

 1.00 hr



4 Ramspau

Hiking, swimming, enjoying the river. When it comes to excursions to Ramspau – just a stone's throw from Regensburg –, it's all about the Regen River, which is at its most tranquil here.

 3.45 hrs

 1.00 hr

 30 min

 45 min



5 Schwandorf with the rock-cut-cellar labyrinth

Fever-pitch thrills in the depths of Schwandorf. Discover "Bavaria's largest rock-cut cellar labyrinth", with over 60 cellars cut into the rock, and their impressive history.

 35 min

 42 min



TOP TIP

6 The wooden sphere at Lake Steinberger See

The world's largest walk-in interactive wooden sphere right on Lake Steigenberger See has a 260-ft. slide, 30 interactive stations, a stunning lakeside beer garden, and a low-ropes course, making it a top excursion option in the region for people of all ages. There are also great hiking trails around Lake Steigenberger See. Accessible by public transport via Schwandorf train station, by hiking, or by the Baxi transport service.

 25 min

 1.30 hrs



RIGHT NEARBY



Note: please cover surrounding QR codes if necessary

1 Dreifaltigkeitsberg and Winzerer Höhen hills

The hills in Regensburg's north provide fantastic views of the UNESCO World Heritage-listed city. You'll see the Dreifaltigkeitskirche (Church of the Holy Trinity) as soon as you cross the Stone Bridge. West of here are the Winzerer Höhen and Adlersberg (abbey church).

	45 min
	30 min
	25 min



2 Stadwerk.Westbad

The Stadwerk.Westbad is the Jack-of-all-trades among the pool facilities of Regensburg and its surrounds: Whether it be splashing around, relaxing, or intensive lap-swimming, the Westbad ensures good vibes for children and adults alike.

	55 min
	10 min
	25 min



3 Prüfening Abbey

This little gem on the western outskirts of Regensburg is a former Benedictine abbey whose origins date back to the early 12th century. The highlights in St. George's Abbey Church are the Romanesque frescoes that have been preserved in their original condition.

	1.00 hr
	10 min
	40 min



4 Fähre Prüfening ferry crossing

It is very likely quicker to get from Grossprüfening to Sinzing by crossing the nearby bridge, but there's something magnificently quaint about taking a ferry ride. By prior arrangement or from April to September on Sundays and public holidays in fine weather.

	1.00 hr
	20 min
	15 min
	45 min



5 Max-Schultze-Steig

The wildest corner of Regensburg is named after the court architect of the Royal House of Thurn und Taxis. It was on the steep slopes of the southern Danube riverbank west of Regensburg that Schultze found a small patch of something that stirred him and touched his soul: wild, pristine nature.

	1.50 hrs
	15 min
	45 min



Prüfening Castle



Max-Schultze-Steig



Dreifaltigkeitskirche

GENERAL INFO:

Note: please cover surrounding QR codes if necessary

Hiking: Donaupanoramaweg, Burgensteige, Jakobsweg, Jurasteig, Goldsteig

The Jakobsweg (a.k.a. the Way of St. James or *Camino de Santiago*) walking trail connects all of Europe. The Donaupanoramaweg trail heads along the Danube to Passau, the Goldsteig follows the Czech border, the Jurasteig explores the western region of Upper Palatinate, and the Burgensteige recount the history of former defense posts.



Cruises on the Danube, Naab, and Regen, canoe ride around the Freizeitinsel ("recreation island") of Bad Abbach

Many towns offer boat-hiring facilities for anyone wanting to enjoy an unforgettable canoe ride on the Danube, Naab, or Regen – at the Freizeitinsel Bad Abbach for the Danube, in Nittendorf, Pielenhofen, Penk, and Kallmünz for the Naab, and in Nittenau for rides on the Regen.



Regen Valley and Schwarze Laber Valley

The Schwarze Laber and Regen River meander through picturesque and diverse river valleys, guaranteeing a refreshing vacation regardless of whether you're into hiking, canoeing, or bike-riding.



Bike-riding: Donauradweg, Fünf-Flüsse-Radweg, Niederbayerntour, Munich-Regensburg-Prague, Schwarze Laber-Radweg, Falkensteinradweg, Regentalradweg

Anyone biking around will make good time and easily be able to reach cities such as Prague or Munich. But shorter trails along the Danube, Regen, or Schwarze Laber have their own special charm too.



Swimming: The metropolitan area by the Danube, Pielmühle, Rampsau, Guggenberger See, Sarchinginger Weiher, Roither Weiher

When drops of water twinkle like stars in the summertime sun, the Danube, Regen, and Weiher around Regensburg are the perfect places for a quick cool-off or for a whole day by the water.



Swimming at the Schillerwiese



Naab Valley



Regentalradweg (Regen valley bike trail)

THE BAVARIAN FOREST REGION

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- 3 Bad Abbach with the Emperor's thermal bath & caravan park
- 4 Limes-thermal bath Bad Gögging

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- 4 Ramspau
- 5 Schwandorf with the rock-cut-cellar labyrinth
- 6 Lake Steinberger See (sphere)



LEGEND

- Top tip
- Suitable for children
- Online tickets available
- Suitable even in bad weather
- Regional specialties

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All information subject to change



All excursions can be accessed by public transport or train.
 More information here:
 Public transport: www.rvvv.de
 Rail: www.bahn.de

RIGHT NEARBY

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- 3 Prüfening Abbey
- 4 Fähre Prüfening ferry crossing
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